

TRACKING ...

NEWS



Post celebrates Asian heritage

PAGE 3

UP CLOSE



Gates visits post, observes training

PAGE 9

IN FOCUS

Retiree, service member event set

PAGES 20-21

INDEX

Commanders	2	Around Post	18
News	3-8	Police/Legal	19
Up Close	9	FMWR	22
Family	10	Health	23
Op-Ed	16	Chapel	28
Happenings	17	Sports	24-25

The Fort Jackson *Leader*



Thursday, May 19, 2011

Published for the Fort Jackson/Columbia, S.C. Community

www.jackson.army.mil

Zeroing in



Photo by CHRIS RASMUSSEN

Sgt. 1st Class Benjamin Trescott, assigned to the Warrior Transition Unit, is representing Fort Jackson in this year's Warrior Games in Colorado Springs, Colo. Trescott has advanced to the finals in the air rifle open category.

Soldier competes in Warrior Games

By CRYSTAL LEWIS BROWN
Fort Jackson Leader

What worried Sgt. 1st Class Benjamin Trescott most was breathing. With an altitude of more than 6,000 feet above sea level, breathing in Colorado Spring, Colo., requires faster, deeper breaths than breathing in Columbia. And when you are shooting a high-powered rifle at a target roughly the size of the letter "i" in the middle of "this" word, that could be a problem.

Trescott, who is currently assigned to Fort Jackson's Warrior Transition Unit, is hoping to bring home the gold as part of the Army's shooting team at this year's Warrior

Games. Already, he has made it to the finals in the air rifle open category, one of only two from the Army team who made the Top 8. The 22-year Army veteran beat out more than 100 others vying for a spot to represent the Army — and Fort Jackson — during tryouts at Fort Benning, Ga., in February.

"I couldn't feel prouder and be happier for the honor," Trescott said of being selected. "Not just to represent Fort Jackson, but the command team and the Warrior Transition Unit. It's a good feeling. It feels good to give something back to the installation that is helping me heal."

Trescott, who has been at Fort Jackson since 2008, suffers from various back

and shoulder injuries. He's had both shoulders reconstructed and also suffers from migraines. In addition to the physical injuries, he has symptoms of both traumatic brain injury and post-traumatic stress disorder.

Trescott credits a long list of folks, from his doctor, to his case manager, to his command team, and even the 171st Infantry Brigade command sergeant major, for helping him overcome his injuries to be able to compete.

"I wouldn't be here right now if it weren't for the good command team of the Warrior

See **TRESCOTT:** Page 6

Rally promotes motorcycle safety

Every spring, we see it: As the temperatures go up, the number of motorcycles on the road increases. Unfortunately, we also see through trend analysis that excessive speed, reckless operation and operator inexperience kill our Soldiers. Further, the consumption of alcohol as a contributing factor is not uncommon, and failure to wear a helmet often leads to increased severity of injury. Our Fort Jackson Motorcycle Safety Program is designed to include the full spectrum of motorcycle safety from training (initial, progressive and refresher) to leadership, mentorship and responsibilities. Detailed guidance can be found in Fort Jackson Regulation 385-10.

While I expect our motorcycle riders to be disciplined and ride safely, I also expect leaders at all levels to ensure that we have provided our Soldiers with the tools and training to help keep them out of harm's way.

Leaders enforce standards and discipline when it comes to motorcycle safety. Although all Soldiers and civilian employees are required to attend traffic safety training at the Fort Jackson Safety Center within 30 days of their arrival on Fort Jackson, motorcycle safety is also a required element in unit level reception and integration counseling for all new Fort Jackson personnel.

At a minimum, all Soldiers will complete the motorcycle operator checklist, and all Soldiers who own a motorcycle will complete a motorcycle agreement.

MAJ. GEN. JAMES M. MILANO
Fort Jackson
Commanding General



These documents are available from the unit's additional duty safety officer. All Soldiers must complete the Basic Riders Course before they can ride a motorcycle. The training is free, and Soldiers will not be charged pass or leave to attend. Training motorcycles are provided and personnel are encouraged to attend the training before purchasing a motorcycle. The training will help determine what size/type motorcycle is right for each person. Register for the course at <https://airs.lmi.org/>.

All Soldiers who are just arriving on post and own motorcycles are required to complete refresher training within 30 days of their arrival.

These Soldiers will attend either the Experienced Riders Course or the Military Sport Bike Course, depending on which type of motorcycle they own.

These courses are also available for our current

Soldiers who desire additional training. Again, you may register for the course at <https://airs.lmi.org/>.

Each military organization is required to support an active Motorcycle Mentorship Program. As a minimum, each new rider will be paired with an experienced rider as a mentor. Motorcycle riders should also consider membership in a club that supports safe riding. Additional information on the Motorcycle Mentorship Program can be found in FJ Regulation 385-10 and at the Combat Readiness Center website at <https://safety.army.mil/mmp/>. It is important to remember that while the motorcycle rules and procedures only apply to civilians when they are on the installation, Soldiers are bound to comply with those policies at all times, including when they are off duty and off post.

It is fair to assume that we will continue to see an increase in Soldiers who ride motorcycles for the foreseeable future. Leader engagement at all levels combined with the personal discipline of motorcycle operators are critical elements in the effort to mitigate the hazards to our Soldiers who ride. The lives and well-being of all members of the Fort Jackson family are of extreme importance to me. We cannot afford to lose anyone to a needless tragedy that we had the means to prevent. I look forward to seeing you at the Victory Thunder motorcycle rally Tuesday.

Army Strong and Victory Starts Here!

The Fort Jackson Leader

Fort Jackson, South Carolina 29207

This civilian enterprise newspaper, which has a circulation of 15,000, is an authorized publication for members of the U.S. Army. Contents of the Fort Jackson Leader are not necessarily the official views of, or endorsed by the U.S. Government, the Department of Defense, Department of the Army or Fort Jackson.

The appearance of advertising in this publication, including inserts and supplements, does not constitute endorsement by the Department of the Army or Camden Media Company of the firms, products or services advertised.

All editorial content of the Fort Jackson Leader is prepared, edited, provided and approved by the Public Affairs Office of Fort Jackson. The Fort Jackson Leader is published by Camden Media Company, a private firm in no way connected with the Department of the Army, under exclusive written contract with Fort Jackson.

The civilian printer is responsible for commercial advertising. For display advertising rates and information: call (803) 432-6157 or write Camden Media Company, P.O. Box 1137, Camden, S.C. 29202. For classified advertising information only: call (800) 698-3514 or e-mail skaress@ci-camden.com or fax (803) 432-7609. For questions or concerns about subscriptions, call (803) 432-6157.

To submit articles, story ideas or announcements, write the Fort Jackson Leader, Fort Jackson, S.C. 29207, call (803) 751-7045 or e-mail fjleader@conus.army.mil.

Commanding General.....Maj. Gen. James M. Milano
Garrison Commander.....Col. James J. Love
Public Affairs Officer.....Karen Soule
Command Information Officer.....Joseph Monchecourt
Editor.....Crystal Lewis Brown
News editor/Staff writer.....Susanne Kappler
Online editor/video.....Mike A. Glasch

Website: www.jackson.army.mil

Twitter: www.twitter.com/fortjacksonpao

Facebook: www.facebook.com/home.php#!/FortJacksonLeader

Video news stories: www.vimeo.com/user3022628

LETTERS Editor

FRIEND, VOLUNTEER REMEMBERED

Nancy (Davis) was a true patriot. She loved America and our veterans, past and present, those who have fought and those fighting for our freedom. She would always say, "You may hate the war, but you must love our warriors!"

Nancy was a volunteer with Operation Military Stress Relief Dolls, the group that makes and sends Dang-it Dolls to our service members all over the world. She was also a volunteer with the Task Force Marshall Navy deployments that take place several times a month. She loved to help the deploying troops pick out their stress dolls, the one that was perfect for each person. No matter the time of day or night these Sailors flew out for deployment, Nancy was there with her big smile, hugs and well wishes.

As one of the first to volunteer when the Armed Forces Lounge at Columbia Metro Airport was formed, Nancy would spend countless hours manning the lounge and taking care of her Soldiers, Sailors, Airmen and Marines. Seeing to them and their families' needs while traveling gave her great joy. When the lounge became an official USO, she continued to serve as a volunteer, not only at the airport location, but going out to Fort Jackson and bringing a little cheer and comfort to the young Soldiers training there, as well as the Sailors training at McCrady Training Center.

Nancy was a very giving person. She never met a stranger and loved life to the fullest.

In lieu of flowers, donations can be made to:

Operation Military Stress Relief Dolls, Inc, Task Force Marshall Navy IA Volunteers, or the USO of South Carolina and mailed in care of O.M.S.R.D, Inc, P.O.BOX 3356 West Columbia, SC 29171

These three projects were very dear to Nancy. She put



Courtesy photo

Nancy Davis, shown here with Navy Master Chief Charles Mackenzie, routinely volunteered to assist with deploying troops.

all her energies into seeing to their success of helping lift the morale of our military. She will be missed and never forgotten.

Thank you to everyone from the family for all the prayers during this trying time. They ask that you continue to keep them in your prayers.

Editor's note: Nancy Davis, a longtime volunteer with Task Force Marshall, died May 6.

Carol Davis
Task Force Marshall/Navy IA Volunteers

The *Leader* welcomes letters to the editor. All letters should include the name and hometown of the writer. The *Leader* reserves the right to edit letters for grammar, style, spelling and brevity. Send your letter to FJLeader@conus.army.mil.

Post celebrates Asian Pacific heritage

By **SUSANNE KAPPLER**
Fort Jackson Leader

Fort Jackson Soldiers, civilians and family members came together at the Solomon Center Tuesday to celebrate Asian-Pacific American Heritage Month.

The event was hosted by the U.S. Army Chaplain Center and School, and included a lunch featuring Asian delicacies, a Tae Kwon Do demonstration and displays about Asian-Pacific culture and Asian-Pacific American heritage in the military. There was also a presentation by guest speaker Youko Brooks, a Tokyo native and senior instructor for Japanese language and culture with the University of South Carolina.

Brooks expounded on this year's theme — diversity, leadership, empowerment and beyond — and explained how Japanese culture embodies the theme.

She outlined the contrast between Japan and the United States, especially in terms of diversity and leadership.

"Japan, as a country, is very different from America, yet both countries can learn from each other and admire each other's unique characteristics," Brooks said.

The Japanese culture does not define "hard" leadership roles, she explained.

"In Japan, everyone is familiar with his or her responsibility for the society," she said. "Everyone works together to help each other, not because he or she is told to do so, but because of an inherent will to do so."

To demonstrate her point, Brooks showed photos of people waiting in line for drinking water after the natural disaster that hit Japan in March.

"I found ... stories posted after the recent earthquake and tsunami that illustrate how Japanese people look out for each other and help each other," she said. "I cry each time I read these stories, and I am glad that they are being told."

She said that despite the devastation caused by the disaster, she is certain that Japan will prevail.

"I'm sure that one day Japan will show the world that it is once again all right," she said. "The Japanese resiliency is best



Photos by **SUSANNE KAPPLER**

Above, With a swift kick, Mouad Marachi, breaks a wooden tile held by S.H. Yim during a Tae Kwan Do demonstration at Tuesday's Asian-Pacific American Heritage Month luncheon at the Solomon Center. Below, Command Sgt. Maj. Marylena McCrimmon, U.S. Army Chaplain Center and School, studies a display before the luncheon.

stated by this proverb: 'Nanakorobi yao-ki,' seven times fall and eight times rise."

Chaplain (Col.) David Smartt, USA-CHCS commandant, said Brooks' presentation was helpful in understanding more about Japanese culture and people and how they cope in the aftermath of the earthquake. He encouraged the attendees to continue to learn about different cultures.

"I hope that this time together did give you a moment to reflect on a very important portion of who we are as a nation, the diversity that defines us — and certainly our Asian-Pacific American heritage is an important part of that," Smartt said.

May was designated as Asian-Pacific American Heritage Month in 1979 to commemorate the first documented immigration of Asians to the United States on May 7, 1842.

Susanne.Kappler1@us.army.mil



News and Notes

ARMY BALL TICKETS AVAILABLE

Tickets to the 2011 Army Ball, scheduled to be held at 5:30 p.m., June 11 at the NCO Club, are available. To purchase tickets, call Capt. Valencia Burns at 751-9592. Dress is business suits/formals for civilians and dress greens or dress blues for Army members. Child care will be available. Transportation afterward will also be available for those who do not have a designated driver.

MOTORCYCLE RALLY SCHEDULED

This year's Victory Thunder motorcycle rally is scheduled for 11 a.m., Tuesday at the Solomon Center. The rally includes a bike show with awards for the best custom, sport

and cruiser bikes; a 17-mile ride and vendor exhibits.

THRIFT SHOP PROVIDES DRESSES

The Fort Jackson Thrift Shop is providing formal dresses at no cost for spouses of Soldiers E5 and below as part of its Golden Carriage Project. Spouses must have a valid military ID and must call the shop to set up an appointment. The shop is also still providing prom dresses for junior and senior high school family members. Dress donations are also being accepted. Call 787-2153 or 391-7755 for more information.

SIDEWALK CLOSURE

The sidewalk along Semmes Road will be closed for six

weeks from Marion Avenue to Lee Road for construction. Traffic delays are also expected. Call 790-7288 for questions or concerns.

LEARN TO DRIVE WITH SKIES

The SKIESUnlimited program is now offering off-post driving lessons in conjunction with a local driving school. The next class is scheduled for Saturday and runs 8:30 a.m. to 4:30 p.m. Students will receive eight hours of classroom instruction and six hours of behind-the-wheel instruction. The class costs \$225 and is for children 15 to 18 with a learner's permit. Call 751-6777 for more information. Another class is set for May 21.

Housing Happenings

COMMUNITY UPDATES

❑ A water outage is scheduled from 9 p.m., Thursday to 5 a.m. the following morning. The outage will affect residents on and near Imboden Street, Chesnut Road, Terrel Court, Burt Road and Harley Court.

❑ Charcoal and gas grills may not be used for cooking indoors and may not be located closer than 10 feet from a building or enclosed shelter. Propane tanks may not be stored in buildings. Tanks must be detached and stored outside. Improper grilling and storage can pose a fire hazard.

❑ The RV lot roster is being updated. Those who have a vehicle stored in the lot should contact Tina Barnes at 751-9339. Vehicles that appear to be abandoned will be reported to the MPs for towing at the owner's expense.

❑ Faison Court, Imboden Street and Brown Avenue will undergo pavement resurfacing starting today. Vehicles may not be parked on the street during repaving. Only one lane of traffic will be open during that time.

❑ A neighborhood huddle for residents of Mabry Manor and Howie Village is scheduled for noon, Tuesday at the Mabry Manor gazebo.

CONSTRUCTION UPDATES

❑ To date, 358 homes have been completed.

❑ There are a total of 770 homes demolished to date.

❑ Families residing in the completed senior NCO area should enter and exit via Capers and Owens roads. Mills Road to Brown Avenue is closed because of Phase II construction.

❑ Families residing near Legge Court should enter and exit via Lee Road. Furman Smith Road is inaccessible.

❑ Balfour Beatty is on Facebook. Search “Fort Jackson family housing” and click “like” to stay up to date on housing happenings.



May 20 — 4 p.m.	
G-Force	PG
May 20 — 7 p.m.	
Arthur	PG-13
May 21 — 6 p.m.	
Your Highness	R
May 25 — 1 p.m.	
Arthur	PG-13
May 25 — 4 p.m.	
Your Highness	R
May 26 — 5 p.m.	
Hanna	PG-13

Adults: \$4.50
Children (12 and younger): \$2.25
Visit www.aafes.com for listings.

Prior planning, buying used goods easy ways to start saving money

For those wondering how they can make their dollars stretch a little further each month, here are a few ideas to try out.

PLAN AHEAD

By planning errands ahead of time, excessive time and fuel can be conserved. This is probably most evident with grocery shopping. The wise counsel to avoid shopping when hungry certainly applies here. Some might also add to avoid shopping when bored.

Leisure purchases can add up quickly and result in funds intended for groceries and the utility bill being spent on compulsive purchases for gadgets, gizmos and glitter.

Additionally, having a standing rule to research a product and its fair price before making a purchase can reduce the number of these compulsive buys and increase the overall satisfaction towards a purchase.

PREVIOUSLY ENJOYED GOODIES

Considering today’s Manufacturer’s Suggested Retail Price for a 2011 Hyundai Sonata is \$22,600 and a 2007 model with 17,000 miles comes in at \$16,000 (used dealer asking price), it pays to consider some previously enjoyed good-

FINANCIAL ADVICE

By SHAWN ANDERSON
Army Community Services

ies.

Saving \$6,600, plus the reduced costs of insurance and taxes, is a pretty good trade for a few years and 17,000 miles.

If this was a cash purchase and the initial \$6,600 savings was invested, it would grow to \$143,000 over a 40-year period (assuming the stock markets 60-year historical rates of return). That’s a load of coin for a just little less automotive bling bling.

DO- IT-YOURSELF PROJECTS

Vehicle maintenance often leads to some of the most significant — and often unanticipated — financial setbacks. Unexpected breakdowns can create great financial stress and often lead to folks borrowing money they are not prepared to repay.

However, by using the on-post Family and Morale, Welfare and Recreation Auto Craft Shop, a savvy shopper can take advantage of discounted parts while also cutting out what is often the

most expensive factor — labor charges.

Professionals are available to assist Soldiers, retirees, DoD civilians and ID card holding dependants with keeping things running.

An orientation and minor shop fee of \$1-3/hour is all that is needed to access the tools and professionals to help you get things done in a snap. No prior experience is required. A recent repair estimate of \$2,200 was reduced to a few late nights and \$300 in parts and shop time.

The benefit was \$1,900 of savings and newly acquired skills that will lead to more do-it-yourself savings down the road. If that one-time \$1,900 in savings was invested toward retirement for a 40-year period, it would grow to over \$41,000 of retirement goodness (based on the stock markets 60-year historical rate of return). That’s not a bad payoff for a few nights spent turning a wrench.

In all, there are a host of ways to trim and set more money aside each month. For those wanting to discuss ways to improve their finances and prepare for retirement, the ACS Financial Readiness program is here to help.

Feel free to call 751-5256 to talk to a financial counselor or visit our website at http://fortjacksonmwr.com/acs_fin/index.html

National security



U.S. Air Force photo by STAFF SGT. BRIAN FERGUSON

Sgt. Johnny Hoyos pulls security above a prisoner courtyard at the Zabul Provincial Prison, Afghanistan. Hoyos is assigned to the 25th Infantry Division's 1st Stryker Brigade Combat Team.

Trescott credits command, medical team

Continued from Page 1

Transition Unit and Moncrief (Army Community Hospital)," he said. "There (are) a lot of people who pulled together and made this possible.

"I pull the trigger, but mentally and psychologically, those guys did it."

He added, "I'm very grateful. In 22 years in my military career, I've never had the support I have now in the WTU."

In addition to medical and emotional support, he also worked with biofeedback professionals who helped him refine his breathing technique.

"They help you get in tune with your mind and control your breathing and your heart rate and make everything calm ...," he said.

He added, "It's a system that regulates your heart rate, your oxygen level in your blood, your breathing, your mind, your mood. Basically, you have to bring all of those parameters into ... trying to shoot."

Those techniques turned out to be crucial. In an interview during the warriors' practice week in Colorado, Trescott said he was still getting used to the change in altitude, which made breathing difficult.

"The acclimation is one of the hardest things," he said.

The shooting, however, is nearly second nature.

"I've shot every weapon that's available to an infantryman from the day I joined the Army until present day," he said. "I come from the country, so I'm kind of a pretty good shot."

The Warrior Games pits 200 wounded warriors from across the services in both individual and team sports. In addition to the shooting category, service members compete in cycling, sitting volleyball, track & field, wheelchair basketball, archery and swimming. Trescott will compete today in

the shooting finals.

Capt. Karean Troy, Fort Jackson WTU commander, said she is not surprised that Trescott was selected to represent the Army.

"He's not just on the team, he's good at what he does," said Troy, who flew to Colorado to support Trescott. A platoon sergeant also traveled to Colorado to assist Trescott throughout the competition, and the hospital commander plans to attend the games' closing ceremonies Saturday.

Back at Fort Jackson, Trescott has a whole host of supporters rooting for him.

Jeanette Mathis, a dental assistant at Hagen Dental Clinic, is among them.

“He's just a really good guy. ... This couldn't have happened to a better person at a better time.”

— Jeanette Mathis
Hagen Dental Clinic

"He's been a longtime patient of ours and ... he's just a really great guy," she said. And while he started as a hesitant patient, Trescott has become a friend, she said.

Though Mathis could not attend the games, she is able to be there, at least in proxy.

"He said he needed a good luck charm," she said.

And though he said it jokingly, Mathis provided him one: her great-grandfather's decorative gold pocket watch.

"This couldn't have happened to a nicer person at a better time," Mathis said. "They're our friends, not just patients ... and he's one that stands out."

WTU 1st Sgt. Timothy Miller also said that Trescott stood out.

"When Sgt. 1st Class Trescott came to the WTU ... he came to me and said, 'First sergeant, what can I do help you out?' Miller recalled. "That really impressed me; it showed that he had selfless service. That spoke a lot to me of his professionalism."

And although Trescott was assigned to the WTU to heal, Miller said that Trescott never lost his professional bearing as a noncommissioned officer, constantly looking for ways to help.



Photos by CHRIS RASMUSSEN

Sgt. 1st Class Benjamin Trescott shows off the rounds he uses in his rifle. The advanced weapon is so accurate that it enables him to shoot a target as small as a letter typed in a 10-point font; the size of newsprint.

"A lot of the warriors, and rightfully so, (are) concerned about taking care of their illnesses and their injuries. They're concerned about getting hurt more, injuring themselves. But (Sgt. 1st Class) Trescott put his injuries to the side and said, 'I can do this.'"

Miller and Troy both said that competing is not only positive for Trescott, but also shows other wounded warriors that anything is possible.

"Even though they have (health) problems, they are able to overcome," Troy

said. "It gives them a sense of pride, seeing (him compete)."

Miller added, "They're not broken. You can't go out there and be the Soldier you once were ... (but even) with injuries you still can achieve."

"All those great warriors who are out there participating, they're showing the rest of the country, 'Yes, I'm hurt, yes, I may have lost a limb, but that's not stopping me. I'm going full speed ahead and there's nothing in this world that can stop me.'"

Crystal.Y.Brown@us.army.mil



Sgt. 1st Class Benjamin Trescott, displays the high-tech weapon he will use as he competes in the shooting finals at the Warrior Games today. Trescott was originally using a borrowed weapon when Freedom Alliance, a charity that sponsors programs aimed at supporting service members and their families, heard about him and provided him a new weapon. The state-of-the art weapon is "deadly accurate," Trescott said. "I'm not taking a knife into a gunfight," he said.

Army researching concussion blood test

By C. TODD LOPEZ
Army News Service

WASHINGTON -- A medical test in the works, though possibly still years away, could show Army medics in just a few hours if a Soldier has suffered from concussion.

The test, something similar to what diabetics must do for testing blood sugar, is being researched by the Army's Medical Research and Materiel Command.

The test could eventually tell an Army medic "within 95 percent certainty ... whether the individual has a concussion," said Vice Chief of Staff of the Army Gen. Peter Chiarelli. "That is huge for us,

because there will be no more guessing about whether the individual suffered a concussion. We will no longer have to use the (Military Acute Concussion Evaluation) test, we'll be able to tell if they have a concussion and be able to treat them for that concussion immediately."

The test will look for (a) protein, something not found in great quantities in a normal brain, but which has been shown to collect in the brains of those who have suffered repeated blows to the head — including boxers and Soldiers, according to research done by Dr. Ann McKee, a neural pathologist from Boston University.

Chiarelli appeared on Capitol Hill May 12 as part of panel discussion on mental

health issues, where he also discussed the Army's effort to eliminate any embarrassment Soldiers may feel, or any fear they may have about affects on their jobs, from seeking help for mental health issues — such as those related to post traumatic stress.

More than 8,400 Soldiers are part of the Army's Wounded Warrior program, the general said last week, and 65 percent of those have traumatic brain injury or post traumatic stress. About 11 percent suffer from loss of limb.

So much of effort is focused on that 11 percent, he said, "we have forgotten in many instances the 65 percent." He said he expects there are more in the Army

that suffer from either TBI, PTS or both, because many sufferers are ashamed to seek help. "That's the real elephant in the room — stigma," he said

The general also said the Army, like the larger American society, is suffering from a shortage of behavioral health specialists, and that it is in fact a "national crisis." Efforts in tele-behavioral health — allowing specialists to meet with patients through teleconferencing technology, for instance — could increase the effectiveness and reach of a limited number of providers. But the general said there are challenges regarding the credentialing and licensing of specialists to work across state lines.

A signal of appreciation



Photos by CHARLES SCHENCK, Network Enterprise Center

Above, Col. David Isaacson, commander of 93rd Signal Brigade, Fort Eustis, Va., which oversees the Fort Jackson Network Enterprise Center, speaks during the organization's Customer Appreciation Day Tuesday. The event was aimed at giving customers a behind-the-scenes look at the NEC building, which relocated to the former Hood Street School in February, and also as a "Thank You," to the organizations' customers.

At right, Georgette Nicholson, with the Directorate of Public Works and John Gleaton, with the G-6 office, help themselves to a plate at the Customer Appreciation Day event Tuesday. In addition to the food, attendees also got a chance to meet and greet with NEC personnel and win door prizes.



Leader deadlines

Article submissions are due two weeks before publication.

For example, an article for the June 2 Leader must be submitted by today.

Announcement submissions are due one week before publication.

For example, an announcement for the June 2 Leader must be submitted by May 26.

Send your submissions to
FJLeader@conus.army.mil.



Secretary Gates visits Fort Jackson



Photos by JAMES ARROWOOD, command photographer

Outgoing Secretary of Defense Robert Gates observes training at Omaha Range May 12. Gates made a one-day stop at Fort Jackson to meet with drill sergeants and to observe training. Gates, who has been in office since December 2006, has announced plans to retire in June. He is scheduled to be succeeded by Leon Panetta, who currently serves as director of the Central Intelligence Agency.



Above, Gates, accompanied by Maj. Gen. James Milano, Fort Jackson's commanding general, second from right, talks to Soldiers at Omaha Range May 12. Right, Gates joins drill sergeants during lunch at the 2nd Battalion, 39th Infantry Regiment dining facility.



Absence puts family strength to test

The other day, my son said four little words that broke through my cool façade and nearly had me running for the tissues.

“Where did Daddy go?”

That one question asked in his little voice simultaneously saddened me and reminded me of the strength of the many military spouses who have heard that same question asked in their own children’s voices through multiple deployments, temporary duty assignments and unaccompanied tours.

It reminded me that no matter how many classes I take, no matter how many spouses I find to commiserate with, there is nothing that can be done to prevent that question and the feelings you have when you have to answer it.

Here at Fort Jackson, we sometimes tend to see through training glasses. And while the installation’s mission is to train, we must not forget those service members who deploy, either overseas or at other installations in the U.S. where they train others slated for Iraq and Afghanistan deployments.

In some cases, spouses who have come to call Fort Jackson home stay behind while their Soldiers move on to train at other installations in preparation for a deployment. I remember being in Germany when my husband deployed to Iraq, and how lonely it felt. I was grateful that I had met some wonderful spouse-friends who were able to prop me up when I was feeling low, and I hope that I did the same for them.

CRYSTAL CLEAR

By CRYSTAL LEWIS BROWN

Fort Jackson Leader



My husband recently left for a temporary duty assignment; the first time our small family has been apart for an extended period of time, and already, I can feel the difference. My little man seems to have already stepped into another role. When I open the dishwasher, he grabs what he can reach, putting things away where he sees fit. Once it’s empty, he reaches out his hand, repeating, “Please, please, please,” as a way of asking me to hand him items to put in.

While letting the dog outside has been his task for a couple of months now, he seems to relish the job even more; opening and closing the patio door and handing me the dog’s empty dish to fill with food before gently placing it into the dog crate. But when he dissolves into tears when he doesn’t get his way, or — as he did twice the other day — for no apparent reason at all, I wonder just how those other spouses do it.

Instead of wondering, I solicited the advice of two sea-

soned spouses. Here’s what they had to say:

“Keep busy,” says one friend and military spouse whose husband has deployed three times and will do so again this fall. “Take the time to learn something new, start something you always wanted to start or finish something you need to finish. Bad days are OK, both for you and your kids. Remember that each day you get through brings you one day closer to your spouse coming home. Laugh...a lot, because it puts everything in proper perspective. Find a support system that knows what you are going through and one that has no idea; that way you have someone to objectively listen no matter what’s going on.”

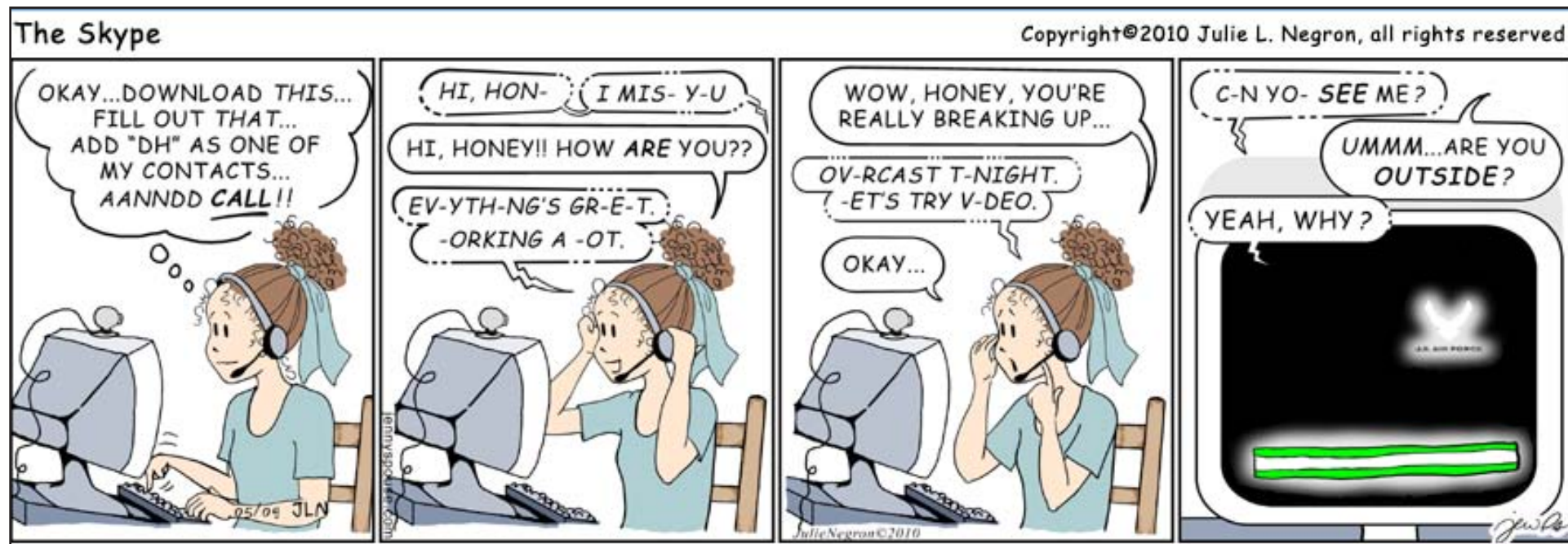
Another friend, whose husband is on his third deployment and who has been deployed herself, is the one who keeps me from feeling guilty when I want to take time for myself.

“Don’t look at the big picture, just take things one day at a time,” she says. “Otherwise, you might get completely overwhelmed and pass out! Carve out a piece of time for yourself when you don’t do anything but what makes you happy.”

Tomorrow, I will take her advice and go out and do something just for me, without my son.

And whether your Soldier is deployed, TDY or working round-the-clock hours, I suggest you do the same. Trust me, you will be a better parent for it.

Editor’s note: Crystal Lewis Brown is the editor of the Fort Jackson Leader and an Army spouse of six years.



Family Happenings

PARENTS’ NIGHT OUT

Need a night off? Don’t forget to take advantage of the Parents’ Night Out program at Hood Street Child Development Center. Children must be registered with Child, Youth and School Services to participate. Orientation is required prior to scheduling care. Call 751-1970/1972 to schedule an orientation.

JUMPING JACKS

Jumping Jacks child care is available in the Solomon Center’s Marion Room for parents to use while they work out at Andy’s Fitness Center. For more information, call the Child, Youth and School Services

Parent Central Services at 751-4865/4824.

FAMILY MOVIE DAY

Every Sunday is Family Movie Day at the Fort Jackson Theater. For \$25, get admission for two adults and two children, two large boxes of popcorn and four drinks. Visit aafes.com for listings.

BRIGHT HONEYBEE EXPLORERS

The Bright Honeybee Explorers play-group meets 10 to 11:30 a.m., Wednesdays. Call 751-6304/1071/6868 for location.

Visit <http://jackson.mhsoftware.com/> for the full on-post calendar. The calendar is located at the bottom of the page.



twitter

Follow the Leader on
Twitter at
www.twitter.com/fortjacksonpao for breaking news and updates.



NCO: The Army and I go hand in hand

Name
Sgt. Jason McKeough

Unit
2nd Battalion, 39th Infantry Regiment

Military occupational specialty
42A/Human resource specialist

Years in service
5

Hobbies
Spending time with family, running, working out, eating, playing video games

For Sgt. Jason McKeough, the question was not if he would serve in the military, but what branch he would choose.

“My family has a long history of military service,” McKeough said. “It was natural for me. I think it was almost expected of me to (enlist).”

Initially, McKeough planned to join the Marines, but after college, he decided to enlist in the Army — a decision he said he doesn’t regret.

“For me, the Army and I go hand in hand,” he said. “The kind of lifestyle that I want to live is the lifestyle the Army offers.”

The Michigan native said he likes the variety, education and travel opportunities the Army offers. Throughout his time in the service, he has been deployed to Iraq, stationed in Alaska and on a training mission in India. He said his experiences in Iraq and India have increased his appreciation for living in the United States.

McKeough said that among the Army values, “duty” is the one he treasures most.

“Duty is most important to me,” he said. “Once you realize that it’s your duty to live up to Army values, the rest of them fall in place.”

He said it was his sense of duty that led him to lose more than 80 pounds in 2007.

“I couldn’t get promoted. I was an E3 and couldn’t advance to E4,” he said. “I was good at my job. I knew I was stellar at what I was doing as a (human resource specialist), but I could not pass the PT



Photo by JAMES ARROWOOD, command photographer

Sgt. Jason McKeough, who works in personnel for the 2nd Battalion, 39th Infantry Regiment, said he always knew he would join the military.

test. ... I knew that if I was going to be some kind of leader or get some kind of rank I had to lose weight. And I did.”

Nowadays, he said, physical fitness and healthful eating habits are extremely important to him.

McKeough has served as the personnel noncommissioned officer in charge for the 2nd Battalion, 39th Infantry Regiment for five months. He oversees a team of four junior enlisted Soldiers that deals with administrative actions for 1,200 Soldiers in Basic Combat Training and 200 cadre members. In addition to

maintaining his regular job, he has also helped the battalion organize family days, graduation events and a military ball.

As an NCO, he said he is most proud of being there for his Soldiers.

“If I go home saying, ‘I helped that Soldier ... I was there step by step, all the way and he was able to overcome (a problem) or accomplish that mission,’ then I can say, ‘I did my job today,’” he said.

— Reporting by Susanne Kappler

The NCO Creed



No one is more professional than I. I am a Non-commissioned Officer, a leader of Soldiers. As a Noncommissioned Officer, I realize that I am a member of a time honored corps, which is known

as “The Backbone of the Army.”

I am proud of the Corps of Noncommissioned Officers and will at all times conduct myself so as to bring credit upon the Corps, the Military Service and my country regardless of the situation in which I find myself. I will not use my grade or position to attain pleasure, profit, or personal safety.

Competence is my watchword. My two basic responsibilities will always be uppermost in my mind — accomplishment of my mission and the welfare of my Soldiers. I will strive to remain tactically and technically proficient. I am aware of my role as a Noncommissioned Officer. I will fulfill my responsibilities inherent in that role.

All Soldiers are entitled to outstanding leadership; I will provide that leadership. I know my Soldiers and I will always place their needs above my own. I will communicate consistently with my Soldiers and never leave them uninformed. I will be fair and impartial when recommending both rewards and punishment.

Officers of my unit will have maximum time to accomplish their duties; they will not have to accomplish mine. I will earn their respect and confidence as well as that of my Soldiers.

I will be loyal to those with whom I serve; seniors, peers, and subordinates alike. I will exercise initiative by taking appropriate action in the absence of orders. I will not compromise my integrity, nor my moral courage. I will not forget, nor will I allow my comrades to forget that we are professionals, noncommissioned officers, leaders!



Follow the Leader on Twitter at www.twitter.com/fortjacksonpao for breaking news and updates.

Good service includes showing thanks

Customers sometimes feel overlooked. Have you heard this before? I, for one, think that appreciation can go a long way. It is a genuine human desire. Every one of us wants to be appreciated for the work we do. When was the last time you showed your customers how valuable they are to you?

At the U.S. Army Signal Network Enterprise Center, our customer service team always strives to provide the best information technology support possible. It delivers exceptional service, which strengthens our resolve in becoming a customer-focused organization. I am hoping that our recent NEC ‘Customer Appreciation Day’ on May 17, served as the bridge to the hearts of our customers. Both the thank you and a smile can make customers feel better about those who service them. I am a firm believer that showing customers appreciation for them leaves an everlasting impression.

To achieve customer appreciation requires an excellent team of professionals who work together toward a common goal for developing good ideas and plans to better support the customer base. To ensure customer satisfaction, there are many ways to succeed. My customer service team and I do so by first listening to the customers’ concerns. Then, we developed the following appreciation action plan:

❑ Conduct your own version of a customer appreciation day to show your gratitude by celebrating your customer base collectively or individually.

COMMENTARY

By **LASHANDA HOWARD**
*Customer service manager
Network Enterprise Center*



❑ Always treat every customer like it is the first time you are servicing his or her needs. It makes him or her feel worthwhile in addition to creating a vision of how he or she will succeed in his or her jobs after having received services you provided.

❑ If you know a customer’s first name, use it during the service interaction process. While not all environments allow informalities, such as our military community, use first names when practical. Be familiar with the names of the top customers or the organizations you service.

❑ Resolve customers’ concerns in a timely fashion. Treat a customer’s concern as an opportunity to benefit from the experience, as well as a chance to document lessons.

❑ When possible, make the effort to service the customer at his or her location. Technology changes from day to day, and though remote support capability is the norm,

we encourage on-site customer support in an effort to show that we are saving the customers’ valuable time.

❑ Provide feedback to customers and likewise, solicit their feedback in return. Automated feedback is good, but go the extra mile with the personal touch like sending thank you notes whenever possible. Remember, feedback is a joint venture for gaining new insights and opportunities in addition to learning something valuable as well.

❑ Be frank, professional and honest to customers. If needed, share some of your flaws. Not everything a service provider does is perfect, but sharing a little bit of yourself builds credibility while displaying your expertise for working positive solutions on their benefit.

In most customer service enterprises, finding creative ways to show your customers your appreciation is a smart investment that keeps them satisfied with the level of support rendered. Even when you are short on ideas, a thank you and a smile will never seem to appear routine. Give the appreciation action plan a chance to achieve customer satisfaction.

MORE TO KNOW

Starting May 27, the NEC will answer service calls directly. Questions about customer service calls? Contact the NEC Customer Management Branch at 751-7965

Calendar

Today through Saturday
Case lot sale
8 a.m. to 6 p.m., Commissary

Friday
Commissary tour
8:30 a.m., Commissary
For more information, call 751-2115.

Tuesday
Victory Thunder motorcycle rally
11 a.m., Solomon Center

Wednesday
Retirement Review
9 a.m., Post Headquarters

Tuesday, June 14
Fatherhood recognition ceremony
1:30 p.m., Solomon Center

Housing events

All events are held in the Community Center, 520 Brown Ave., unless otherwise specified. Call 738-8275 for information.

Tuesday, May 31
Car seat safety check
1 p.m.
Any residents who have their child safety seats checked will receive a safety certificate and a giveaway.

Announcements

HR FOR SUPERVISORS
A human resources course for supervisors is scheduled from 8 a.m. to 4:30 p.m. June 20 through 23 at the 81st Regional

Support Command auditorium. For more information, call 751-5063/1167.

SAT TESTING
The Education Center will administer the SAT Wednesday and June 8. Testing is available to eligible service members only. For more information and to register, call 751-5341/5342.

JUVENILE CURFEW POLICY
The Fort Jackson Juvenile Policy has been recently updated. Children 14 and younger must be indoors from 9 p.m. to 6 a.m. during the week and 10 p.m. to 6 a.m. on weekends, unless accompanied by a parent or guardian.
Children 15 to 18 must be indoors from 10 p.m. to 6 a.m. during the week and midnight to 6 a.m. on the weekends, unless accompanied by a parent or guardian. Violations of this policy should be reported to Military Police. Those who violate the policy may be subject to disciplinary action.

SUMMER TEEN VOLUNTEERS
The Red Cross is accepting applications for its Summer Teen Volunteer Program. The deadline to apply is Friday. Candidates must submit a one-page essay addressing their interest in the medical field and experience with patient care. The program will run from June 13 through July 29. For more information, call 751-4329 or email jacksonredcross@yahoo.com.

DLA DONATION EVENT
Defense Logistics Agency Disposition Services (formerly DRMO) has scheduled a donation event from 8 a.m. to 1 p.m., Saturday at 1902 Ewell Road. Available items include desks, tables, wall lockers and bunk beds. All items are free. The

event is open to DoD ID card holders. Loading help will be available. For more information, call 751-1875.

DISASTER PREPAREDNESS
Are you prepared in the event of a natural disaster? Take a few minutes to put together an emergency preparedness kit and be sure to include water, non-perishable foods, flashlights, battery-powered or hand-crank radio (NOAA Weather Radio if possible), extra batteries, a first-aid kit with medications & medical items, multi-purpose tool (i.e. Gerber), sanitation and personal hygiene items, copies of personal documents, cell phone with charger, family and emergency contact information, extra cash and anything else you might deem necessary.
For more information on disaster and emergency preparedness, visit www.redcross.org or call 1-866-GET-INFO.

MACH NUTRITION CLINIC
The following class is scheduled for May:
— Cholesterol and high blood pressure class, 2 to 3 p.m., Thursday.
The class takes place at Moncrief Army Community Hospital, Room 8-85. For more information and to register, call 751-2115/2363/2273.

LEGAL OFFICE CLOSURE, MOVE
The Legal Assistance Office will be closed through Friday. The office is relocating to 2600 Lee Road. Regular business hours will resume Monday at the new location.

SSN REMOVAL
Beginning in June, Social Security Numbers will no longer be printed on DoD ID cards. The new ID card will have a DoD ID number in place of the Social

Security Number. Current ID cards should not be replaced until the card is within 30 days of its expiration date. For more information, visit www.dmdc.osd.mil/smartcard.

CYSS SUMMER PROGRAMS
Registration is open for Child, Youth and School Services summer programs. Summer programs are open to CYSS-eligible children in grades K-12. To register, visit Parent Central in the Joe E. Mann Center. For more information, call 751-4865/4824.

Off-post events

The Fort Jackson Leader accepts only off-post announcements for those organizations or events that directly relate to service members and their families.

VETERAN JOB FAIR
A free employment, business-opportunity and education even for job seekers with a military background is scheduled from 11 a.m. to 3 p.m., June 2 at The Speedway Club, Charlotte Motor Speedway, Concord, N.C. For more information, visit www.recruitmilitary.com or www.legion.org.

SUMMARY COURTS MARTIAL

Anyone with debts to or by the estate of Pfc. Zachary G. Geinzer must contact 1st Lt. Jeffery R. Holden Jr., the appointed summary courts martial officer of Geinzer’s personal effects. Geinzer passed away May 5 in Columbia. Contact Holden at 713-494-8593 or by email at Jeffery.Holden@us.army.mil.



Yard of the month

Col. James Love, garrison commander, stands with Staff Sgt. Adelmarie Rivera and her husband Roberto, the May Yard of the Month grand prize winners. The family received a certificate of appreciation from the garrison commander, a command coin, reserved parking at the PX and commissary for the month of May, free dinner coupons, movie passes and a \$50 gift card. Maj. Brian and Angela Piekliko, and Staff Sgt. Steven and Karen Darling, were also winners.

Courtesy photo

Saluting this Basic Combat Training cycle's honorees

DRILL SERGEANTS OF THE CYCLE



Sgt. 1st Class Anthony Hill
Company A
2nd Battalion,
39th Infantry Regiment
SOLDIER LEADER OF THE CYCLE
Pfc. Crystal Brisco

SOLDIER OF THE CYCLE
Spc. John Rosa

HIGH APFT SCORE
Pfc. Andrew Alpin

HIGH BRM
Pvt. Christopher Roman
Ortiz



Sgt. 1st Class Keaith Willis
Company B
2nd Battalion,
39th Infantry Regiment
SOLDIER LEADER OF THE CYCLE
Pvt. David Alex

SOLDIER OF THE CYCLE
Pfc. Emily Leighton

HIGH APFT SCORE
Pfc. Sean Tremblay

HIGH BRM
Pvt. Shayne Imel



Staff Sgt. Kareem Ransom
Company C
2nd Battalion,
39th Infantry Regiment
SOLDIER LEADER OF THE CYCLE
Pvt. Frankee Dockins

SOLDIER OF THE CYCLE
Pvt. Chase Stilson

HIGH APFT SCORE
Pvt. Dominic Castro

HIGH BRM
Pvt. Chase Stilson

Photos by OITHIP PICKERT, Public Affairs Office

SUPPORT AWARDS OF THE CYCLE

STAFF SUPPORT
Nathaniel Adderley

SERVICE SUPPORT
Ernest Bostic

FAMILY SUPPORT
Sara Jackson

TRAINING SUPPORT
Cindi Keene

DFAC SUPPORT
Roslyn Blanchard

SOLDIERS LEADERS
CIVILIANS FAMILIES

Take 5
before the run!

It's a Stretch

- Wear loose, light-colored clothing and comfortable shoes
- Stretch before and after running
- Stay hydrated and avoid drinks with high sugar concentrations
- Run in the shade whenever possible; heat is an issue even if you're not in the direct sun
- Know your limits. Start with a short run and build on it over time

SAFE Summer
What Have You Done to Save a Life Today?

ARMY STRONG
ARMY STRONG
ARMY STRONG
ARMY STRONG

SUBMISSION GUIDELINES

Community announcements should be typed and no more than 45 words. All submissions may be edited to comply with *Leader* style and Public Affairs regulations. Send all submissions to FJLeader@conus.army.mil. For more information, call 751-7045. For information about classified advertising, contact Camden Media Co. at 432-6157. Classified ads may also be faxed to 432-7609.

FIRST RESPONDER

The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

Col. Ronald F. Taylor

Director,

Emergency Services/Provost Marshal

Sgt. Maj. Glen W. Wellman III

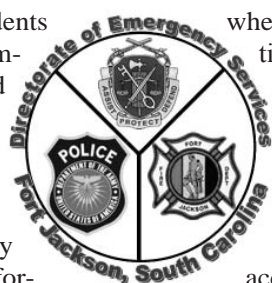
Provost Sergeant Major

Bill Forrester

Fire Chief

CASES OF THE WEEK

□ The Fort Jackson Fire Department was called to Gate 4 after a Soldier's vehicle caught fire, Military Police said. The Soldier was entering the installation



when a gate security guard noticed the vehicle was smoking. The guard contained the fire until fire personnel arrived, MPs said. No one was injured.

□ A civilian was denied access to the installation after attempting to enter the post with an unauthorized weapon in his possession, MPs said. Gate security stopped the entry after noticing a machete in his briefcase, MPs said.

□ MPs responded to reports of a snake in the barracks. The snake was trapped until an exterminator arrived, MPs said. No injuries were reported.

crimestoppers
1-888-559-TIPS
www.midlandscrimestoppers.com

FORCE PROTECTION THOUGHT OF THE WEEK

10 KEY INDICATORS OF POTENTIAL TERRORIST ASSOCIATED INSIDER THREATS



9. Active attempts to encourage others to violate laws, disobey lawful orders or regulations, or disrupt military activities.

LEGAL

Know the facts about child support

By 1ST LT. ADAM WOLRICH

Legal Assistance Office

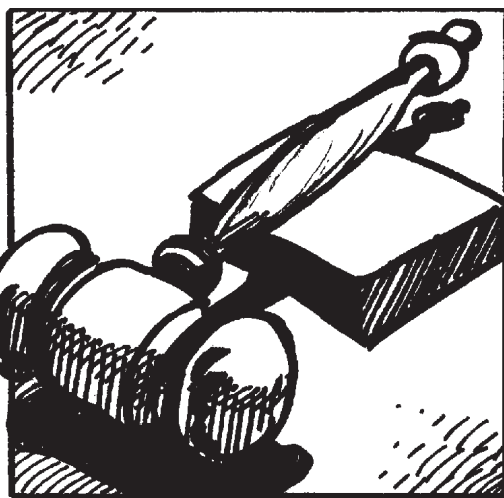
Courts look at several criteria to determine how much child support a non-custodial parent will pay. Courts retain primary jurisdiction over the child in determining the monthly rate; however, if parents agree to a specific amount, courts will usually go along with that figure unless it appears to be unfair to the child.

In South Carolina, family courts look to a schedule of basic child support obligations to determine the monthly payment the non-custodial parent must make. Child support is not fixed but can be modified (either increased or decreased) by a court order if either party demonstrates a substantial change in circumstances.

The primary consideration used (by the schedule) to determine the monthly child support obligation is the gross income of both parents. Gross income is defined as income from all sources. This includes: salaries, special allowances, wages, commissions, royalties, bonuses, rents, dividends, severance pay, pensions, interest, trust income, etc.

Courts also consider assets that are available to generate income in determining child support. Normally, the parties

each submit an assessment worksheet in order to disclose their gross income, as well as other factors such as whether they have additional children, other monthly child support and/or alimony obligations, the cost of health insurance, medical expenses and child care costs.



The actual cost of child care costs a parent incurs because of employment is also credited in the support obligation as long as that parent first subtracts the federal income tax credit he/she receives. Courts also consider provisions for adequate health insurance coverage in every child support order. Usually the cost of the health insurance is deducted from the support payment.

The result of the previously discussed credits is the

Each party receives credit for these additional items on the assessment worksheet. For instance, if either parent has natural or adopted children that are not part of the support agreement living in the home (step-children are not included unless there is court ordered responsibility) that parent receives a credit. A party also receives credit for other monthly alimony or child support payments. These amounts are deducted from a party's gross income.

adjusted gross income. This figure is used to determine the child support obligation of the non-custodial parent.

This article is meant to provide a general understanding of how child support works in south Carolina. But keep in mind that child support issues are varied and can be very complex.

If you have questions about child support, or any legal issue which may be troubling you, please contact the Legal Assistance Office at 751-4287 to set up an appointment.

The Legal Assistance Office will be closed next week as it changes locations to 2600 Lee Road, at the corner of Lee and Washington.

Fort Jackson Legal Office

The Fort Jackson Legal Office provides legal services — including powers of attorney, living wills and health care powers of attorney — to eligible people.

For more information, or to schedule an appointment to speak with an attorney, call 751-4287. Office hours are Monday through Friday, 9 a.m. to 4 p.m.

Walk-ins for living wills, health care powers of attorney and durable powers of attorney are accepted 1:30 to 3:30 p.m., Tuesdays and Thursdays. Appointments are required for wills. The office is closed on federal and training holidays.

Leader headlines

Article submissions are due two weeks before publication.

For example, an article for the June 3 Leader must be submitted by today.

Announcement submissions are due one week before publica-

tion.

For example, an announcement for the June 3 Leader must be submitted by May 24. Send your submissions to FJLeader@conus.army.mil.





Leader file photo

The retiree review and Armed Forces Day opening ceremony is scheduled to begin at 9 a.m., Saturday at Hilton Field. This year’s guest speaker will be Maj. Gen. Robert Livingston Jr., South Carolina adjutant general. In addition to the ceremony, other activities on Hilton Field include static displays, the Celebrate Freedom living history exhibit, military demonstrations and children’s activities. Concessions will be available.

Retiree Appreciation Days/Armed Forces Day events set

Leader staff report

Two of Fort Jackson’s annual events, Retiree Appreciation Days and Armed Forces Day, have been combined into one big event set to begin with a golf tournament here Friday, event coordinators said.

Al Brackett, post retirement services officer, said combining the two celebrations should make the two-day event even more enjoyable for the attendees.

In the past, Retiree Appreciation Days events have been held in April.

The combined Retiree Appreciation/ Armed Forces Day event will include a number of staples from previous years, such as a golf tournament, dinner and health and benefits expo. Static displays will also be exhibited in honor of Armed Forces Day.

FRIDAY

- AAFES sale at the main PX from 9 a.m. to 5 p.m.
- Commissary Sidewalk Sale from 8 a.m. to 6 p.m.
- Golf Tournament: At the Fort Jackson Golf Club, starting at 9 a.m. Captain’s Choice: Member price is \$35 per person. Non-member and guest price is \$45 per person. Price includes: cart and user fees, snacks, prize fund, barbecue lunch, range and green fees for non-members. Plus door prizes. Call FJGC 787-4437 for details. (Please pre-register)
- Dinner: At the Fort Jackson NCO Club. Cocktails start at 6:15 p.m. Dinner starts at 7 p.m. Dinner is \$14.95 per person. Richland County Sheriff Leon Lott is the guest speaker. Semi-formal attire (coat and tie for men). Call 782-2218 for details and tickets.

details and tickets.

SATURDAY

- Retiree Review/Armed Forces Day Opening Ceremony: 9 a.m. at Hilton Field. Guest speaker is retired Maj. Gen. Robert E. Livingston Jr., South Carolina adjutant general. Call IOC at 751-5166 or 751-5167 after 3 p.m. on Friday, May 20, in case of inclement weather.
- Retiree Health and Benefits Expo: 9 a.m. to 2 p.m. at the Solomon Center.
- Armed Forces Day events will run from 10 a.m. to 2 p.m. at Hilton Field, with Celebrate Freedom living history, aircraft, wheeled vehicles, weapons, recruiting and museum displays. Military demonstrations, children’s rides, games and mini basic combat training is also included. Concessions available.
- AAFES sale at the main PX from 9

- a.m. to 5 p.m.
- Commissary Sidewalk Sale from 8 a.m. to 6 p.m.
- Victory Bingo May Madness Session: Doors open at noon. Fun Games begin at 1 p.m., with a \$5 Buffet from 4 to 6 p.m. Regular Bingo Session begins at 5 p.m. For more information, call 751-3411.
- No-Tap Bowling Tournament: At Century Lanes Bowling Center 6 p.m. Registration from 5 to 6 p.m. Only \$20. Price includes shoe rental and prizes Note: No-Tap simply means that the first ball thrown will count as a strike if eight pins fall (for women) and nine pins fall (for men). Plus door prizes. Call 751-6138 for details.
- To register online, please visit: <https://webtrac.mwr.army.mil/webtrac/Jacksonrectrac.html>

Welcome to this year’s celebration

On behalf of the Fort Jackson Retiree Council I would like to extend you a very warm welcome to this year’s first combined Retiree Appreciation and Armed Forces Day Celebration. I’m sure you will enjoy yourself and come away with a clear message that the leaders, Soldiers and civilians of Fort Jackson are very thankful for our service and committed to our continued support.

You are all members of a very special team. Service to our nation and its Soldiers, Sailors, Airmen, Marines and Coast Guardsmen is a common bond we all share. Your legacy of service is embodied in today’s outstanding leaders and service members.

Some are here at Fort Jackson and many others protect our nation and its interests around the world, most visibly, in Iraq and Afghanistan. Those you helped train, mentor and grow allow our nation’s citizens to sleep much safer and secure than they could otherwise. You should be very proud of that legacy and I know our

MIKE MOLOSSO
Chairman,
Fort Jackson
Retiree Council



active military service members and leaders are very grateful for your contributions.

The Retiree Council is your voice at Fort Jackson. Simply put, we are here to represent and facilitate support for those who have served by ensuring their issues are considered and heard by the senior leadership. The council will be a visible part of the activities on Friday and Saturday. You will be able to identify us by our gold

nametags or Retiree Council shirts. We are very interested in your feedback of the day-to-day support you receive and this year’s retiree activities. Please take the time to say hi and let us know what you think.

You can also provide feedback at the Customer Management Services booth in the Solomon Center Saturday. If you do not have the opportunity to do so, you can fill out a hard-copy Interactive Customer Evaluation (ICE) and mail it to the Plans, Analysis and Integration Office, Attn: Jim Olsen, 4356 Hardee Street, Fort Jackson, SC 29207.

You can also go online to the Fort Jackson website at www.jackson.army.mil, click on the ICE icon at the bottom of the homepage, click on Personnel Services category, scroll down to the Retirement Services and click on the title to submit your comments.

Once again, on behalf of the Retiree Council, welcome to Fort Jackson and thanks for coming. We hope to meet you while you are here. Have a great time!

Health and Benefits Expo vendors and service providers

- The following exhibitors will be present at the Health and Benefits Expo, which is scheduled from 9 a.m. to 2 p.m., Saturday at the Solomon Center.
- Combat Related Special Compensation
 - Army Community Services
 - Army Emergency Relief
 - Veterans Administration
 - Military Officers Association of America
 - The Retired Enlisted Association
 - Staff Judge Advocate
 - National Association for Uniformed Services
 - National Association of Retired Federal Employees
 - United Services Automobile Association
 - Wounded Warriors Program
 - Operation Iraqi Freedom / Operation Enduring Freedom
 - Defense Finance and Accounting System (Retired Pay)
 - Military Officers Association of America
 - Survivor Outreach Services
 - USO
 - State Government Veterans Affairs
 - Officers’ Club
 - Order of the Purple Heart
 - Task Force Marshall
 - Dorn VA Hospital
 - Commissary
 - Fort Jackson National Cemetery
 - AAFES
 - Red Cross
 - House of Heroes
 - AARP
 - The Optical Shop
 - Home Watch Caregivers
 - Life Care Center
 - McDonald’s
 - AllSouth Federal Credit Union
 - Art Institute of Charlotte
 - Sam’s Club
 - Chick-Fil-A
 - Navy Federal Credit Union
 - Sprint
 - Allied American University
 - Allstate
- Moncrief Army Community Hospital’s Army Public Health Nursing will offer the following services:
- Blood Pressure
 - Nurse Practitioner
 - Lab-
 - Optometry
 - Physical Therapy
 - Radiology
 - Nutrition Care Division
 - OB-GYN
 - Patient Safety
 - HEDIS
 - Men’s Health
 - Women’s Health
 - Managed Care Division
 - DENTAC
 - Behavioral Health
 - Patient Admin Division
 - Pharmacy
 - Clinical Support



Leader file photo

Moncrief Army Community Hospital personnel will offer exams to retirees during the Health and Benefits Expo, which is scheduled from 9 a.m. to 2 p.m., Saturday at the Solomon Center. Vendors and benefit providers will also be available.



Leader file photo

J.J. Gonzalez beats the heat at Palmetto Falls Water Park last year. The park opens Memorial Day weekend.

Water park to open next week

By **THERESA O'HAGAN**
Family and Morale, Welfare and Education

Summer will be here very soon. With rising gas prices keeping the family entertained over the summer could become a costly and difficult task.

Beat the heat and save gas with a family membership to Palmetto Falls Water Park, which opens May 28.

A sand volleyball court, Family Day Pavilion and additional bathrooms are currently under construction in Patriot's Park, which is adjacent to the water park. Patriot's Park has playgrounds, picnic areas and shade structures.

A sliding fee scale ensures the park is affordable for all levels of income. Prices for military families of four are as follows:

- ❑ E1-E4: \$80
- ❑ E5-E6: \$110
- ❑ E7 and up, retirees, and DoD civilians: \$130.

The price for an individual season memberships:

- ❑ E1-E4: \$35
- ❑ E5-E6: \$50
- ❑ E7 and up, retirees, and DoD civilians: \$60

Day care centers, summer camps, and church groups can also get group rates. Groups of 15 patrons or larger pay \$6.50 per person Tuesday-Friday and \$7.50 per person on Saturdays and Sundays. Call Palmetto Falls Water Park at 751-3475 to schedule a group event.

Palmetto Falls Water Park also offers a limited number of season passes to the general public. Only 200 family passes are still available. Palmetto Falls Water Park passes provide full access to the Water Park everyday.

Enjoy the:

- ❑ large loopy-loop slide,
- ❑ two speed slides, two gang slides,
- ❑ 800 meter lazy river,
- ❑ family activity pool featuring dumping buckets,
- ❑ lap pool
- ❑ children's pool with a frog slide.
- ❑ 16 feature spray park
- ❑ Snack Bar featuring fresh food, ice-cold beverages,

and much more.

All revenue from Fort Jackson's Palmetto Falls Water Park goes back into quality-of-life programs for service members, their families and retired military members.

General public operating hours

- ❑ Tuesday — Friday, 11 a.m. to 7 p.m.
- ❑ Saturday — 11 a.m. to 7 p.m. (You must have a military ID card or Season Pass to enter)
- ❑ Sunday — 1 to 7 p.m. (You must have a military ID card or Season Pass to enter)

Daily entry fees are \$9.50 per person for non-affiliated personnel. Water park passes can be purchased at the Solomon Center front desk. Call 751-4056 for current pricing and special offers.

TOP 10 REASONS TO BUY A PALMETTO FALLS SEASON PASS

10. The Snack Bar — the combination of chips, hot dogs, smooth and creamy frozen fruit concoctions, sun and swimming is sure to knock any child out right after dinner.

9. Eggs can be fried on Columbia and Fort Jackson sidewalks.

8. With gas costing nearly \$4 a gallon, you really can't afford to drive anywhere else.

7. The Lazy River. So relaxing and cool.

6. Spray park for wee people with lots of interesting things to explore.

5. Speed slides.

4. Lots of lifeguards! No need to worry. Go ahead and relax.

3. Did I mention The Lazy River? It's awesome!

2. Season passes start at \$80 for a family of four for E-1 to E-4. Additional military family members pay only \$5 additionally.

1. And then, of course, there's the Lazy River.

FMWR calendar

THURSDAY

- ❑ Visit **Century Lanes** for food, fun and bowling.
- ❑ **Victory Bingo**, 2 to 11 p.m.
- ❑ Sleepy Storytime at the **Post Library**, 6:30 to 7 p.m. Come in pajamas and go home ready for bed.
- ❑ **Magruder's Pub and Club** happy hour, 4:30 to 6:30 p.m. Appetizers are available, while they last.
- ❑ Teen advisory board, 5:30 p.m., **Post Library**. For more information, call 751-5589.

FRIDAY

- ❑ Visit the **Officers' Club**, 11 a.m. to 1:30 p.m. for the seafood buffet.
- ❑ **Victory Bingo**, starts at 2 p.m.
- ❑ Friday night special at **Ivy Lanes**. Games and shoe rentals cost \$2 each, 5 to 10 p.m. Open to all permanent party service members.
- ❑ Dance to a variety of music provided by DJ Randall at **Magruder's Club**, 9 p.m. to 3 a.m. Magruder's Club is located in the back of Magruder's Pub. Cover charge is \$5 for civilians and \$3 for military. Every other Friday, sing along to Linda's Carraoke Karaoke. Be early for happy hour, 4:30 to 7 p.m. Appetizers are available, while they last.
- ❑ Every Friday is Artistic Expression with Jake at 6:30 p.m. in the Teen Room at the **Youth Services Center**.

SATURDAY

- ❑ **Victory Bingo**, starts at 1 p.m.
- ❑ Step Team practice, 2 p.m., dance room at the **Youth Services Center**.
- ❑ Classic Soul Saturday, 9:30 p.m. to 2 a.m., Excalibur Room at the **NCO Club**. Cover charge is \$5 for civilians and \$3 for military.

SUNDAY

- ❑ **Victory Bingo**, starts at 10 a.m.

MONDAY

- ❑ Adult swimming lessons at **Knight Pool**, 4:30-5:30 p.m., Monday-Thursday for beginners and 5:30-6:30 p.m. for intermediate swimmers. Lessons are \$40 per person. Call 751-7496 for more information.

WEDNESDAY

- ❑ **Magruder's Pub and Club** happy hour, 4:30 to 6:30 p.m. Appetizers are available while they last.
- ❑ Victory Readers Club, 6 to 8 p.m., **Post Library**.
- ❑ **4-H Club** meets 4 to 5 p.m. For grades 1-5. Call 751-1136 for information.

EDGE! CLASSES

- ❑ **Let 'er Roll Bowling**: 3:30-5 p.m., Tuesdays, Century Bowling Lanes
- ❑ **Eat Right Cooking School**: 3:30-5 p.m., Thursdays, 5955-D Parker Lane.
- ❑ **Monday with a Mad Genius**: 3:30-5 p.m., Wednesdays, Post Library.

Call 751-3053 for ages and costs.

ONGOING OFFERS

- ❑ The NCO Club breakfast is served 6 to 9 a.m., Monday through Friday. The cost is \$8 for adults and \$3.75 for children 4 to 10 years old.
- ❑ The Officers' Club specializes in wedding receptions, anniversaries, promotions and other special occasions. For more information, call 782-8761.
- ❑ Child, Youth and School Services provides child care and youth programming on Saturdays at no cost for active-duty parents who must work to meet mission requirements. Others requiring care may sign up, but will pay the usual hourly rate.

Mental health an Army priority

By DIANA L. STRUSKI

Southern Regional Medical Command

Army Medicine is committed to strengthening psychological resilience and improving the behavioral health of Soldiers and their families. Overall, the total Army rate of Soldiers with a behavioral health diagnosis is consistent with that of the general U.S. population, at 5.9 percent versus 6 percent.

However, the ongoing wars are having considerable impact on the population at large with higher rates within our wounded warrior population. The Army Medical Department offers an extensive array of behavioral health services to address the strain on Soldiers and families who have experienced multiple deployments and other demands of military life during this period of increased operational tempo.

What has the Army done?

The Army implemented the Comprehensive Behavioral Health System of Care Campaign Plan. This plan is intended to further standardize and optimize the vast array of Behavioral Health policies and procedures across the Medical Command to ensure seamless continuity of care to better identify, prevent, treat and track behavioral health issues that affect Soldiers and families during every phase of the Army Force Generation cycle.

The Army Medical Command currently supports more than 90 behavioral health programs. In 2010, the Army provided an additional \$168 million in be-

POST BEHAVIORAL HEALTH NOW OFFERS SELF-REFERRAL

Active duty family members at Fort Jackson may request a referral through their primary care manager or self-refer for a Behavioral Health service by calling directly to the clinic to make an appointment. The services offered are:

Social work Services — Providing individual, marriage, family, grief/bereavement and Post Traumatic Stress Disorder therapy and counseling. 751-2235

Family Advocacy Program — Providing 24-hour/7 days a week crisis intervention services for all victims of child abuse/neglect, elderly abuse/neglect, and spousal abuse. 751-2235

Child Psychiatry Services — Providing individual counseling and medication management for children and adolescents. 751-5911.

Adult Psychiatry Services — Providing psychiatric medication management, individual counseling and psychiatric evaluations. 751-5911.

havioral health support to sustain implementation of more than 45 behavioral health care initiatives under the categories of access to care, resiliency, quality of care and surveillance across Army installations worldwide.

The Army is also enhancing behavioral health services provided to its family members through Child, Adolescent and Family Assistance Centers and the School Behavioral Health Programs.

Since 2007, the Army has added 1,745 civilian, military and contract behavioral health providers to help meet the needs of a stressed and growing force.

What continued efforts does the Army have planned for the future?

The Army will continue to resource additional capacity through its Comprehensive Behavioral Health System of Care effort with an expected budget of \$193 million and is currently resourced through 2017.

Beginning fiscal year 2012, the Army

will increase behavioral health teams assigned to all its brigade size operational units that will provide two behavioral health providers and two behavioral health technicians assigned to every brigade combat team, support brigade and sustainment brigade in the active, Reserve and National Guard Army inventory.

This increase will be complete by fiscal year 2017 and increase the total available uniformed behavioral health force by over 1,000 additional personnel.

Where can more information be found?

The Army Medicine Behavioral Health Web site is <http://www.behavioralhealth.army.mil/>. Suicide Prevention Lifeline: 1-800-273-TALK (8255)

Wounded Soldier and Family Hotline: 1-800-984-8523

Military OneSource: 1-800-342-9647

The Defense Center of Excellence: 1-866-966-1020

MACH UPDATES

LASIK SURGERY

The MACH Ophthalmology Clinic offers pre-operative screening exams and post-operative care for Laser Refractive Surgery. The service is available to eligible active-duty Soldiers. The surgery will be conducted at Winn Army Community Hospital at Fort Stewart, Ga. To be eligible, Soldiers must have 18 months left of active duty service. For more information, call 751-5406 or visit the front desk in the EENT Clinic on the third floor of MACH.

CATARACT EVALUATIONS

All military retirees and dependents with TRICARE benefits are eligible for a cataract surgery evaluation. Those selected for surgery at MACH may be considered for a premium lens implant. Call 751-5406 for more information.

TEXT REMINDERS

Moncrief Army Community Hospital now offers appointment reminders by text message. To sign up, complete an opt-in form, which is available in the clinics and at the information desk. Reminders will arrive two to three hours before an appointment.

RADIOLOGY SERVICES ONGOING

The Moncrief Army Community Hospital Department of Radiology provides a wide range of imaging services for Soldier, family member and retiree beneficiaries. MACH can also provide imaging studies for off-post beneficiaries with orders from network TRICARE providers. Please visit or call the department to schedule your appointment.

- ☐ Radiology (751-4606/2366)
- ☐ Diagnostic Radiology/Fluoroscopy
- ☐ Imaging (751-2484/2417)
- ☐ Computerized tomography (CAT SCAN)
- ☐ Ultrasonography
- ☐ Mammography
- ☐ Bone densitometry
- ☐ Nuclear Medicine (751-2248)

MACH can also provide imaging studies for off-post beneficiaries with orders from network TRICARE providers. Please visit or call the department to schedule an appointment.

TRICARE PRIME ENROLLMENT

MACH currently has TRICARE Prime enrollment availability for active duty family members and retirees and their family members. Pediatric enrollment is also available. For more information, visit the TRICARE service center on the 10th floor.

IN/OUT PROCESSING HOURS

The operating hours for in/out processing for Behavioral Health (including Social Work and Family Advocacy) are 1:30 to 3:30 p.m., Monday through Friday. Soldiers should report to Room 7-69.

COMMISSARY TOUR SCHEDULED

The Nutrition Care Division is sponsoring a tour at 8:30 a.m., Friday at the Fort Jackson Commissary. A nutrition expert will help customers navigate the Commissary by pointing out healthy items and tips on shopping healthy on a budget.

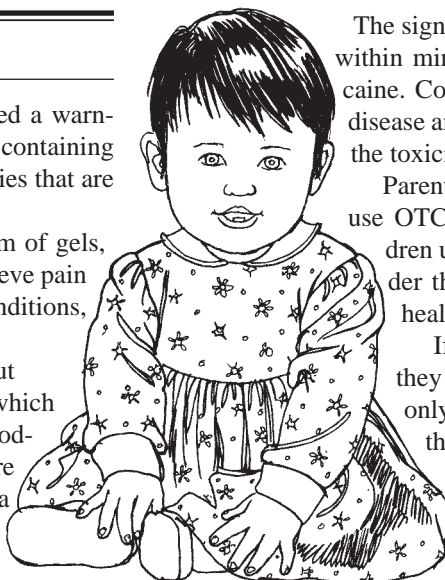
FDA issues warning for anesthetic

From TRICARE Command

The Food and Drug Administration has issued a warning about the use of over-the-counter products containing benzocaine, a local anesthetic often given to babies that are teething.

Benzocaine products, which come in the form of gels, sprays, liquids and lozenges, are also used to relieve pain in the mouth and gums from a variety of other conditions, like canker sores.

Benzocaine has been associated with a rare but serious condition called methemoglobinemia, which reduces the amount of oxygen carried in the bloodstream and can result in death in the most severe cases. Patients who develop methemoglobinemia may experience pale, gray or blue colored skin, lips and nail beds; headache; light-headedness; shortness of breath; fatigue and rapid heart rate. In some cases, symptoms of methemoglobinemia may not always be evident or attributed to the condition.



The signs and symptoms usually appear within minutes to hours of using benzocaine. Conditions such as anemia, heart disease and lung disease may exacerbate the toxicity of methemoglobinemia.

Parents and caregivers should not use OTC benzocaine products on children under 2 years of age, except under the advice and supervision of a health care professional.

If benzocaine products are used, they should be used sparingly and only when needed, but not more than four times a day. If TRICARE beneficiaries or their children have any of these symptoms after receiving benzocaine, they should seek medical attention immediately.

Report side effects or medication errors from the use of benzocaine to the FDA MedWatch program, call 1-800-332-1088 or fax 1-800-FDA-0178.

God commands us to honor parents

By **CHAPLAIN (MAJ.) CARL ROSENBERG**
U.S. Army Chaplain Center and School

“Honor your father and your mother, so that you may live long in the land the Lord your God is giving you.” (Exodus 20:12)

We in the United States set apart the second Sunday in May to remember mothers and the third Sunday in June to remember fathers. God commands people of faith to honor their fathers and their mothers.

It is an important commandment. The first set of commandments addresses our relationship to God. The last set addresses our relationship to neighbors. The first commandment dealing with relationship to neighbors is to honor the neighbors who are responsible for bringing us into the world and our development in relationship to God. Our parents are our God to a certain point in our

growth. They provide, protect and nurture us until we are able to freely relate to God in our own volition.

This commandment is the only one that brings with it a promise. “... so that you may live long in the land the Lord your God is giving you.” God tells us that by honoring our parents, we bring God’s blessing of long life in the Promised Land.

For most of us, loving our parents is an easy thing to do. Even though we know our parents aren’t perfect, we can love them because they have loved us. Love covers a multitude of sin.

For a few people, parents’ behavior or perhaps their behavior with their parents resulted in the brokenness of the parent-child relationship. Even when that relationship is so broken that reconciliation is not possible, God commands us to honor them.

Honor your father and your mother.



PROTESTANT

- Sunday
9 a.m. McCrady Chapel (SCARNG), McCrady Training Center
9 a.m. Daniel Circle Chapel Gospel service, Post Theater
9:30 a.m. Hispanic, Solomon Center
9:30 a.m. Main Post Chapel
10:45 a.m. Sunday school, Main Post Chapel
11 a.m. Memorial Chapel
11 a.m. Chapel Next, Bayonet Chapel
- Wednesday
6 p.m. Prayer service, Magruder Chapel

Protestant Bible Study

- Monday
7 p.m. Women's Bible study (PWOC), Main Post Chapel
- Tuesday
9:30 a.m. to noon Women's Bible study (PWOC), Main Post Chapel
- Wednesday
6 p.m. Gospel prayer service, Magruder Chapel
7 p.m. Gospel Bible study, Magruder Chapel

- 7 p.m. LDS scripture study, Anderson Street Chapel
- Saturday
8 a.m. Men's prayer breakfast (PMOC), Main Post Chapel (every second Saturday of the month in the activity room)

Protestant Youth of the Chapel

- Sunday
5 to 6:30 p.m. Club Beyond youth group, Main Post Chapel
- Saturday
11 a.m. Daniel Circle Chapel youth group, Dorn VA Hospital (first Saturday of each month)

CATHOLIC

- Monday through Friday
11:30 a.m. Mass, Main Post Chapel
- Sunday
9:30 a.m. CCD (September through May), Education Center
9:30 a.m. Religious ed class for adults (September through May), Main Post Chapel
9:30 a.m. Religious ed class for children (September through May), Main Post Chapel
10:30 a.m. Reconciliation (after Mass or by appointment), Main Post Chapel
11 a.m. Mass (Main Post Chapel)
12:30 a.m. Catholic youth ministry, Main Post Chapel
- 7 p.m. Women's scripture study, Main Post Chapel

- Wednesday

- 7 p.m. Rosary, Main Post Chapel
7:30 p.m. RCIA/Adult inquiry (September through May), Main Post Chapel
- Friday
11:30 a.m. Ladies of the parish, Main Post Chapel (first Friday of each month)

ANGLICAN/LITURGICAL

- Sunday
8 a.m. Anderson Street Chapel

ISLAMIC

- Sunday
8 to 10 a.m. Islamic studies, Main Post Chapel
- Friday
1 to 2 p.m. Jumah services, Main Post Chapel

JEWISH

- Sunday
9:30 to 10:30 a.m. Worship service, Memorial Chapel
10:30 to 11:30 a.m. Jewish book study, Post Conference Room

CHURCH OF CHRIST

- Sunday
11:30 a.m. Anderson Street Chapel

LATTER DAY SAINTS

- Sunday
9:30 to 11 a.m. Anderson Street Chapel

- Thursday
7 to 8 p.m. LDS scripture study, Anderson Street Chapel

ADDRESSES, PHONE NUMBERS

- Anderson Street Chapel**
2335 Anderson St., corner of Jackson Boulevard, 751-7032
- Bayonet Chapel**
9476 Kemper St., 751-6322/4542
- Daniel Circle Chapel**
3359 Daniel Circle, corner of Jackson Boulevard, 751-1297/4478
- Education Center**
4581 Scales Ave.
- Family Life Chapel**
4580 Scales Ave, corner of Strom Thurmond Boulevard (inside of Main Post Chapel), 751-5780
- Magruder Chapel**
4360 Magruder Ave., 751-3883
- Main Post Chapel**
4580 Scales Ave., corner of Strom Thurmond Boulevard, 751-6469/6681
- McCrady Chapel (SCARNG)**
3820 McCrady Road (located at McCrady Training Center)
- Memorial Chapel**
4470 Jackson Blvd., 751-7324
- Warrior Chapel (120th AG Bn.)**
1895 Washington St., 751-5086/7427
- Installation Chaplain's Office**
4475 Gregg St., 751-3121/6318

Sports shorts

ARMY CHALLENGE GOLF TOURNAMENT

The fourth annual Army Challenge Golf Tournament is scheduled for 8 a.m., Thursday at The Carolina Lakes Golf Course on Shaw Air Force Base. The deadline to sign up is Monday. The entry fee is \$50 per person. For more information, call 895-9966/5229 or 607-7599.

SKIES SPORTS CLASSES

SKIESUnlimited is now offering beginner tennis lessons for children 5 to 18 years old. The classes are scheduled for Tuesdays and cost \$40 per month. SKIESUnlimited will also offer Start Smart enrichment classes from June 6 through

Aug. 5. Classes will be offered in baseball, football, soccer, basketball and golf. For more information, call 751-6777.

BODYBUILDING COMPETITION

A natural fitness/bodybuilding competition is scheduled for June 25 on post. Competition includes men's bodybuilding, women's bodybuilding and figure. Registration is open to military, civilian employees and family members. Visit www.fortjacksonmwr.com/fitness for more information. Register online at <https://webtrac.mwr.army.mil/webtrac/jacksonrectrac.html>. Call 751-5768 for more information.

Golf league standings

Intramural		165th	997
		Marines	970
120th	2155.5	1-34th	865
3-34th	1933.5	2-60th	773.5
1-61st	1567	1-13th	759.5
War Horse 1 (TFM1)	1437	Recreational	
War Horse 2 (TFM2)	1390		
4-10th	1374.5		
3-60th	1361	Heavy Hitters	645.5
2-39th	1342.5	Old School	600
187th	1170	That's Good	581
MACH	1029.5	USASSI	524
USADSS	1023.5	369th	510



Follow the Leader on Twitter at www.twitter.com/fortjacksonpao for breaking news and updates.

Like us on Facebook. Log on to your account and search for "Fort Jackson Leader."



Softball standings

Monday/Wednesday League		Tuesday/Thursday League	
3-60th	3-0	USADSS	3-0
4-10th	3-0	SwampFox	3-0
193rd	2-1	1-61st	2-0
3-34th	2-1	LOD	1-1
120th	2-1	The Wreck	1-2
MEDDAC	1-2	Christian Players	0-1
2-39th	1-2	RRS	0-2
81st RSC	0-2	2-18th Reg.	0-3
TFM	0-2	1-13th	0-3
VA	0-3	187th	0-0

Standings as of Wednesday morning Denotes recreational teams